

PUBLIC MINUTES

NEWCASTLE FRONTRUNNERS COMMITTEE 2017-18

6pm Saturday 9th December 2017
Northumbria University Library



MINUTES

Present: PW, HW, PHop, SG, PO, TG

1. Minutes of the last meeting and review of the action log

Agreed: to postpone until the next meeting.

2. Chair's welcome and opening remarks

a) Committee moving forward into 2018

PW updated that CA and PH have both resigned from the committee.

Action: PW to approach CB regarding return to Chair now Appeal Panel has concluded.

Agreed: to hold an EGM on the following points a) ratification of a new constitution and code of conduct.

b) Review of club policies

The process of reviewing and drafting new policies will take some time, we need to involve members as some may be interested or have useful experience in this field. Inevitably this will take some time and shouldn't be a rushed process.

Action: PW to approach members who have expressed an interest in forming a group along with PW and PHop to review the Club's policies. This needs to be a small group to be workable, however we need to involve the wider membership too eg by putting a call out to ask for views on what needs changing/what works well.

3. Training

a) Printing - Wednesday night routes etc

Action: TG to print and laminate a master-copy of the routes, plus paper versions.

Action: HW to create a new LiRF Whatsapp group as the administrator.

b) Wednesday night warm-ups

There are only very few leaders available to lead the warm-ups. Discussed potentially LiRFs writing some warm-ups and opening up to the membership to deliver the warm-ups.

c) Leaders meetings

This is now a large meeting and the purpose has become somewhat unclear. Having someone with chairing skills would be helpful as sometimes the current meeting can be dominated by individuals which can make others disengage.

HW is doing excellent work rostering in LiRFs for the sessions which is difficult, we do need more LiRFs. PHop explained there are funds available to train LiRFs. Also need to find ways to help current LiRFs lead groups outside of their natural running pace.

Action: PW will attend to chair the next LiRF meeting, HW will develop an agenda.

Action: HW to put out a call in the new year for new LiRFs.

RDD receives a report regularly via England Athletics regarding trends in athletes, leaders.

Action: HW to be the recipient of the report.

d) Grand Prix 2018/promotion of races

SG has had lost of contributions from members for potential races to include in the GP.

Action: SG to liaise with members who have expressed an interest in planning the GP. Plan to announce the GP programme prior to Christmas.

PO suggested we think about new ways to relaunch the GP this year eg tshirt for points.

HW asked about which races we should promote to members as individuals, PO suggested a separate 'noticeboard' but would need to consider how administer.

Action: only NFR 'official' events on the FB group, encourage individuals to post to their own walls.

Action: TG to add social media policy to the agenda for the next meeting.

4. Socials

a) Christmas social update

SG confirmed venue and Ceilidh, just need numbers for catering. 45 tickets sold so far.

Action: SG to check with venue regarding catering to all diets, and approach Martin (baker) if could provide a cake.

b) Members' member/Grand Prix 2017 awards

Agreed: GP awards go to current members, committee members excluded from top 10.

Agreed: members' member via paper ballot at sessions next two weeks.

Action: TG to procure prizes.

c) Plans for socials in the year to come

PO had circulated a discussion paper, breaking down our socials into session related, monthly, and trips/international. Agreed to arrange a monthly social (in addition to the post-run monthly social). Also need to include members, for example volunteering to coordinate/arrange, enabling them to suggest impromptu socials.

Ideas included Sunday brunch, more meals, Quilliams, theatre trips, get more women involved.

Cake rota: promote to all members, including able to bring shop brought cakes.

Action: to include volunteer opportunities in newsletter and to include in the session announcements. TG to post the cake rota.

Grand Prix: to have a social after each event.

Action: PO to form a socials group, asking at Wednesday announcement for volunteers.

Action: PW to liaise with the Ravens regarding a joint social.

Action: Grand Prix group to decide on international trip.

Action: PO to organise January socials, which should be alcohol free eg Quilliams/bowling.

5. Membership

TG gave an update, RB has volunteered to help with membership.

Action: TG to review GPDR changes approaching.

6. Finance

PHop asked for ideas for grants, also he has positive conversations with a yoga instructor.

Action: PHop to continue enquiries regarding yoga for runners, need to work out financial implications and how all members can access this.

7. LGBT5k

Agreed: defer to next meeting

8. AOB

PW advised had had an email from a new PT at Gosforth Pool.

PW asked for ideas about how to recognise the lifetime membership award.

Action: TG to check when we might present a certificate - or alternatively at a run.

Next meeting: 11am Sunday 14th TG to investigate venue.